



ATHLETICS NAMIBIA CALENDAR 2026

	NATIONAL
	REGIONAL
	CONTINENTAL
	INTERNATIONAL

JANUARY 2026

KEY	DATE	DAY	EVENT	VENUE	ORGANIZER	CONTACT DETAILS
	06-09	January	QSB Training Camp	Windhoek	L v Rensburg	0811271193 leonivr123@gmail.com
	10	January	World Athletics Cross Country Championships	Tallahassee, USA	World Athletics	

FEBRUARY 2026

	07	February	Spar Ocean View Marathon	Swakopmund	Swakop Striders	fatslab1@gmail.com
	14	February	SAT	Khomas Regional Championships	Windhoek	Khomas Region 0811271193 leonivr123@gmail.com

MARCH 2026

	07	March	SAT	Rossing Marathon Championships	Swakopmund	Athletics Namibia Swakop Striders fatslab1@gmail.com
	18	March		UNAC Open Track & Field	Windhoek	UNAM
	20-22	March		World Indoor Championships	Poland	World Athletics
	28	March		RunOMD 2026	Oranjemund	Sharlene Isaacs 0812563579
	27-28	March		Herman Davin Street Event – Continental Tour Bronze	Windhoek	Henk Botha 0811272003 bothasportsagency@gmail.com

APRIL 2026

	04	April	SAT	Northern Regional event	Oshakati	O'regions
	04	April	SAT	4 th Edition – Spar Namibia 10km Women Race	Windhoek	B Karumendu 0813118489
	07	April	TUE	ASA Athletics Grand Prix 1 – Continental Tour Challenger	Potchefstroom	ASA

	10	April	SAT	ASA Athletics Grand Prix 3 – Continental Tour Challenger	Stellenbosch	ASA	
	12	April		World Athletics Race Walking Championships	Brazil	World Athletics	
	17-18	April		Athletics Namibia u/18 & u/20 Championships	Windhoek	Athletics Namibia	nam@mf.worldathletics.org
	17	April		Play True Date – Anti-doping campaign	Windhoek	Athletics Namibia	tilovanhu@gmail.com
	18	April		Katutura City Run	Windhoek	Ping Pank	
	25	April	SAT	Sanlam Coastal Marathon	Swakopmund	Swakop Striders	fatslab1@gmail.com
	24-25	April		AN Senior National Championships	Windhoek	Athletics Namibia	nam@mf.worldathletics.org
	26	April		Botswana Golden Grand Prix	Gaberone	World Athletics	
MAY 2025							
	02-03	May		World Athletics Relay Championships	Gaborone	World Athletics	
	12-18	May		CAA Senior African Championships	Accra, Ghana	CAA	
	16	May		Athletics Namibia Track & Field	Windhoek	Athletics Namibia	nam@mf.worldathletics.org
	23	May		Hardap Regional Championships	Marienal	Hardap Region	nominlucas16@gmail.com
	23-24	May		Sanlam Cape Town City Marathon	Cape Town		
JUNE 2026							
	20	June	SAT	Erongo Regional & Open Cross Country Championships	Omaruru	B Karumendu	0813118489
	07-11	June		SACA u/18 & u/20 Championships	Mauritius	SACA Athletics	
JULY 2026							
	23-31	July		XXIII Commonwealth Games	Glasgow, Scotland	IOC	
AUGUST 2026							
	01-02	August		XXIII Commonwealth Games	Glasgow, Scotland	IOC	

