

Track & Field

Independence Stadium Windhoek

Results

Girls 12-13 100 Meter Dash

NSSU: 12.58# 2014 Sade De Sousa

National: 13.80@ 2015

Name	Age	Team	Finals
Finals			
1 757 Oosthuizen, Carie	13	OTJZ	12.78@
2 372 Samule, Carolson	13	KSSR	12.80@
3 435 Elias, Veronica	13	OHAN	13.13@

Girls 14-15 100 Meter Dash

NSSU: 12.14# 2016 Kaela Schimming

National: 12.80@ 2015

Name	Age	Team	Finals
Finals			
1 398 Vass, Nandi	15	KSSR	12.69@
2 46 Hendricks, Machar	15	ERO	12.93
3 407 De Jager, Ilona	15	KUN	12.95

Girls 16-17 100 Meter Dash

NSSU: 11.84# 2016 Dure Bosmann

National: 12.60@ 2015

Name	Age	Team	Finals
Finals			
1 262 De Sousa, Sade	17	KSSR	12.11@
2 474 Brunzil, Andriana	17	OMA	12.81
3 286 Gomases, Monica	17	KSSR	12.83

Girls 18-19 100 Meter Dash

NSSU: 11.87# 2010 Merlyn Daimond

National: 13.10@ 2013

Name	Age	Team	Finals
Finals			
1 26 Van Zyl, Julianne	19	KAR	12.60@
2 124 Joseph, Jesse	19	HAR	12.79@
3 449 Melksedek, Pande	19	OHAN	13.06@

Girls 12-13 200 Meter Dash

NSSU: 22.80# 2011 Dunell Van Taak

National: 27.20@ 2015

Name	Age	Team	Finals
Finals			
1 687 Silver, Tuane	13	OSHI	27.86
2 435 Elias, Veronica	13	OHAN	28.36
3 679 Shapumba, Johan	13	OSHI	29.01

Girls 14-15 200 Meter Dash

NSSU: 24.22#

National: 26.20@ 2015

Name	Age	Team	Finals
Finals			
1 398 Vass, Nandi	15	KSSR	26.20@
2 174 Goaseb, Christian	15	KE	26.79
3 407 De Jager, Ilona	15	KUN	26.83
3 46 Hendricks, Machar	15	ERO	26.83

Girls 16-17 200 Meter Dash

NSSU: 24.22#

National: 26.00@ 2015

Name	Age	Team	Finals
Finals			
1 262 De Sousa, Sade	17	KSSR	24.88@
2 78 Simataa, Perpetua	17	ERO	25.81@
3 730 Kangumba, Z	17	OTJZ	25.87@

Girls 18-19 200 Meter Dash

NSSU: 24.14# 2009 Merlyn Daimond

National: 27.80@ 2013

Name	Age	Team	Finals
Finals			
1 26 Van Zyl, Julianne	19	KAR	26.24@
2 34 Damases, Michelle	19	ERO	26.81@
3 496 Kavari, Veihamma	18	OMA	27.03@

Girls 14-15 400 Meter Dash

NSSU: 58.92#

National: 63.20@ 2015

Name	Age	Team	Finals
Finals			
1 46 Hendricks, Machar	15	ERO	61.98@
2 711 Du Plessis, J	15	OTJZ	62.72@
3 640 Ingashipola, Lindi	15	OSHI	64.05

Girls 16-17 400 Meter Dash

NSSU: 58.04#

National: 62.00@ 2015

Name	Age	Team	Finals
Finals			
1 730 Kangumba, Z	17	OTJZ	58.81@
2 78 Simataa, Perpetua	17	ERO	59.30@
3 474 Brunzil, Andriana	17	OMA	59.48@

Girls 18-19 400 Meter Dash

NSSU: 54.37#

National: 60.60@ 2013

Name	Age	Team	Finals
Finals			
1 519 Angala, Tuuliki	19	OMU	61.67
2 442 Kahdukcinge, Ber	19	OHAN	63.03
3 448 Martin, Saara	19	OHAN	63.57

Girls 12-13 800 Meter Run

NSSU: 2:22.89#

National: 2:39.00@ 2015

Name	Age	Team	Finals
Finals			
1 429 Abraham, Padelia	13	OHAN	2:25.25@
2 552 Penda, Martha	13	OMU	2:26.14@
3 204 Kandere, Elizabet	13	KW	2:28.22@

Girls 14-15 800 Meter Run

NSSU: 2:19.49# 2012 Generosa Haimbili

National: 2:30.10@ 2015

Name	Age	Team	Finals
Finals			
1 532 Jeremia, Beata	15	OMU	2:24.19@
2 445 Kauhona, Lovisa	15	OHAN	2:26.39@
3 806 Matanana, Kalina	15	OSHI	2:31.19

Girls 16-17 800 Meter Run

NSSU: 2:13.36#

National: 2:28.80@ 2015

Name	Age	Team	Finals
Finals			
1 551 Paulus, Salmi	17	OMU	2:22.07@
2 686 Shitaleni, Sarafina	17	OSHI	2:25.97@
3 226 Nijati, Selma	17	KW	2:34.08

Girls 18-19 800 Meter Run

NSSU: 2:08.50#

National: 2:24.80@ 2013

Name	Age	Team	Finals
Finals			
1 461 Ngalangombe, Ra	19	OHAN	2:27.29
2 626 Daniel, Emelia	19	OSHI	2:29.78
3 667 Nekongo, Victoria	19	OSHI	2:38.12

Girls 12-13 1500 Meter Run

NSSU: 4:58.73#

National: 5:21.60@ 2015

Name	Age	Team	Finals
Finals			
1 554 Shiku, Scholastic	13	OMU	5:00.87@
2 683 Shikongo, Josefin	13	OSHI	5:13.57@
3 560 Taapopi, Matti	13	OMU	5:16.09@

Girls 14-15 1500 Meter Run

NSSU: 4:38.34#

National: 5:00.80@ 2015

Name	Age	Team	Finals
Finals			
1 532 Jeremia, Beata	15	OMU	4:49.08@
2 445 Kauhona, Lovisa	15	OHAN	4:56.65@
3 673 Nghuumbwa, Mai	15	OSHI	5:00.78@

Girls 16-17 1500 Meter Run

NSSU: 4:28.19#

National: 5:12.60@ 2015

Name	Age	Team	Finals
Finals			
1 543 Nangolo, Albertin	17	OMU	4:45.35@
2 431 Augustus, Elizabe	17	OHAN	4:54.32@
3 645 Kasheendwa, Ros	17	OSHI	5:00.67@

Girls 18-19 1500 Meter Run

NSSU: 4:31.10#

National: 5:30.60@ 2013

Name	Age	Team	Finals
Finals			
1 659 Mwixwika, Selm	19	OSHI	4:52.99@
2 430 Atuhe, Maria	19	OHAN	4:59.87@
3 519 Angala, Tuuliki	19	OMU	5:00.42@

Coca - Cola National Athletics Championship - 4/27/2017 to 4/28/2017

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Results

Girls 16-17 3000 Meter Run

NSSU: 9:44.82#

National: 11:38.40@ 2015

Name	Age	Team	Finals
1 543 Nangolo, Albertin	17	OMU	10:21.07@
2 537 Kleophas, Aina	17	OMU	10:26.92@
3 471 Wilbard, Selma	17	OHAN	10:58.04@

Girls 18-19 3000 Meter Run

NSSU: 9:30.98#

National: 12:20.20@ 2013

Name	Age	Team	Finals
1 434 Dumeru, Ndinela	19	OHAN	10:41.66@
2 519 Angala, Tuuliki	19	OMU	11:14.44@
3 214 Muhongi, Jothildc	18	KW	11:41.73@

Girls 12-13 75 Meter Hurdles

NSSU: 12.37# 2017 Porsche Botha

Name	Age	Team	Finals
1 245 Botha, Porsche	13	KSSR	12.37#
2 757 Oosthuizen, Carie	13	OTJZ	12.41
3 283 Garbers, Mione	13	KSSR	12.42

Girls 14-15 80 Meter Hurdles

NSSU: 13.22# 2017 Rume Kotze

Name	Age	Team	Finals
1 133 Kotze, Rume	15	HAR	13.22#
2 249 Brand, Mia [mark	15	KSSR	13.29
3 58 Kouwenhoven, 2	15	ERO	13.34

Girls 16-17 100 Meter Hurdles

NSSU: 14.64#

National: 16.00@ 2015

Name	Age	Team	Finals
1 396 Van Staden, Anne	17	KSSR	14.82@
2 78 Simataa, Perpetua	17	ERO	15.99@
3 476 Coetzee, Kayla	16	OMA	17.24

Girls 18-19 100 Meter Hurdles

NSSU: 14.10#

National: 17.40@ 2013

Name	Age	Team	Finals
1 763 Potgieter, Lauri A	19	OTJZ	16.86@
2 321 Kasheeta, Lilie	19	KSSR	17.42
3 26 Van Zyl, Julianne	19	KAR	17.99

Girls 12-13 200 Meter Hurdles

NSSU: 31.21# 2017 Mione Garbers

National: 38.40@ 2015

Name	Age	Team	Finals
1 283 Garbers, Mione	13	KSSR	31.21#
2 757 Oosthuizen, Carie	13	OTJZ	31.48@
3 245 Botha, Porsche	13	KSSR	32.63@

Girls 14-15 300 Meter Hurdles

NSSU: 49.89# 2017 Mia [marlet] Brand

Name	Age	Team	Finals
1 249 Brand, Mia [mark	15	KSSR	49.89#
2 127 Kastoor, Jenny	15	HAR	50.67
3 397 van Staden, Armis	15	KSSR	52.68

Girls 16-17 400 Meter Hurdles

NSSU: 55.21#

National: 78.20@ 2015

Name	Age	Team	Finals
1 396 Van Staden, Anne	17	KSSR	70.71@
2 243 Blaauw, Tylo	17	KSSR	74.29@

Girls 18-19 400 Meter Hurdles

NSSU: 60.02#

National: 1:20.50@ 2013

Name	Age	Team	Finals
1 159 Topnaar, Mariska	19	HAR	73.52@
2 694 //Uce, Ao	19	OTJZ	75.57@
3 325 Kavezuvu, Trusty	19	KSSR	1:35.04

Girls 12-13 High Jump

NSSU: 1.61m#

National: 1.35m@ 2015

Name	Age	Team	Finals
1 59 Le Roux, Meagan	13	ERO	1.50m@
2 329 Kunaije, Kangum	13	KSSR	1.40m@
2 75 Schultz, Carla	13	ERO	1.40m@

Girls 14-15 High Jump

NSSU: 1.55m# 2017 Annemarie Le Roux

National: 1.40m@

Name	Age	Team	Finals
1 331 Le Roux, Annema	15	KSSR	1.55m#
2 258 Cloete, Cay-Lee	15	KSSR	1.50m@
3 379 Smeer, Idi	15	KSSR	1.45m@

Girls 16-17 High Jump

NSSU: 1.70m# 2010 Michelle Pretorius

National: 1.45m@ 2015

Name	Age	Team	Finals
1 339 Louw, Natalie	17	KSSR	1.65m@
2 2 Basson, Monique	17	KAR	1.60m@
3 86 Turner, Minette	17	ERO	1.50m@

Girls 18-19 High Jump

NSSU: 1.82m#

National: 1.45m@ 2013

Name	Age	Team	Finals
1 672 Nepembe, Rosina	19	OSHI	1.48m@
2 377 Shumbwa, Helena	19	KSSR	1.46m@
3 14 Kamati, Anna- Lise	19	KAR	1.45m@

Girls 12-13 Long Jump

NSSU: 4.93m#

National: 4.15m@ 2015

Name	Age	Team	Finals
1 751 Nawases, G	13	OTJZ	4.40m@
2 145 Paulus, Anune	13	HAR	4.36m@
3 726 Jeremia, E	13	OTJZ	4.24m@

Girls 14-15 Long Jump

NSSU: 5.68m# 2016 Natalie Louw

National: 4.52m@ 2015

Name	Age	Team	Finals
1 61 Manual, Bianca	15	ERO	5.08m@
2 77 Shanjengange, Sha	15	ERO	4.82m@
3 7 Hummel, Elgira	15	KAR	4.74m@

Girls 16-17 Long Jump

NSSU: 5.75m# 2016 Lillic Kasheeta

National: 4.71m@ 2015

Name	Age	Team	Finals
1 339 Louw, Natalie	17	KSSR	5.63m@
2 272 Du Toit, Chantelle	17	KSSR	5.42m@
3 154 Skrywer, Mercia	17	HAR	5.10m@

Girls 18-19 Long Jump

NSSU: 5.84m#

National: 4.68m@ 2013

Name	Age	Team	Finals
1 124 Joseph, Jesse	19	HAR	5.30m@
2 701 Barnard, Anja	19	OTJZ	5.00m@
3 767 Samuel, A	19	OTJZ	4.92m@

Girls 16-17 Triple Jump 9m

NSSU: 10.81m# 2017 Annette Van Staden

National: 11.00m@

Name	Age	Team	Finals
1 396 Van Staden, Anne	17	KSSR	10.81m#
2 286 Gomases, Monica	17	KSSR	10.59m
3 625 Cilliers, Caroline	17	OSHI	9.93m

Girls 18-19 Triple Jump 9m

NSSU: 11.22m# 2017 Jesse Joseph

Name	Age	Team	Finals
1 124 Joseph, Jesse	19	HAR	11.22m#
2 134 Lewin, Ze Zane	19	HAR	10.53m
3 701 Barnard, Anja	19	OTJZ	10.48m

Girls 12-13 Shot Put 3kg

NSSU: 11.06m# 2013 Swanepoel Anjone

National: 8.47m@ 2015

Name	Age	Team	Finals
1 687 Silver, Tuane	13	OSHI	10.53m@
2 245 Botha, Porsche	13	KSSR	10.31m@
3 40 Fourie, Jorinda	13	ERO	10.07m@

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Girls 14-15 Shot Put 3kg

NSSU: 12.00m# 2017 Danel Dreyer

National: 9.90m@ 2015

Name	Age	Team	Finals
1 109 Dreyer, Danel	15	HAR	12.00m#
2 669 Nell, Diandra	15	OSHI	11.35m@
3 70 Prinsloo, Madelyn	15	ERO	11.26m@

Girls 16-17 Shot Put 3kg

NSSU: 13.29m# 2013 Monique Vermeulen

National: 10.65m@ 2015

Name	Age	Team	Finals
1 105 Booysen, Elize	17	HAR	11.32m@
2 287 Gous, Arina	17	KSSR	11.24m@
3 383 Swanepoel, Anjor	17	KSSR	10.92m@

Girls 18-19 Shot Put 4kg

NSSU: 13.66m# 2011 Charlene

National: 9.00m@ 2013

Name	Age	Team	Finals
1 725 Jahs, Gabbie	19	OTJZ	10.24m@
2 312 Jurgens, Sinead	18	UNA	10.01m@
3 181 Kandjimi, Jennife	19	KE	5.51m

Girls 12-13 Discus Throw 750g

NSSU: 34.50m# 2014 Karljen Botha

National: 22.40m@ 2015

Name	Age	Team	Finals
1 687 Silver, Tuane	13	OSHI	32.12m@
2 40 Fourie, Jorinda	13	ERO	28.77m@
3 703 Boshoff, L	13	OTJZ	28.61m@

Girls 14-15 Discus Throw 1kg

NSSU: 33.98m# 2017 Danel Dreyer

National: 21.78m@ 2015

Name	Age	Team	Finals
1 109 Dreyer, Danel	15	HAR	33.98m#
2 11 Jenkins, Crisel	15	KAR	31.98m@
3 297 Hoffman, Lea	15	KSSR	28.39m@

Girls 16-17 Discus Throw 1kg

NSSU: 39.51m#

National: 25.60m@ 2015

Name	Age	Team	Finals
1 105 Booysen, Elize	17	HAR	28.13m@
2 383 Swanepoel, Anjor	17	KSSR	25.08m
3 491 Karuombe, Oker	17	OMA	24.71m

Girls 18-19 Discus Throw 1kg

NSSU: 43.96m# 2011 Charlene

National: 23.71m@ 2013

Name	Age	Team	Finals
1 312 Jurgens, Sinead	18	UNA	28.22m@
2 630 Emandien, Asher	19	OSHI	27.08m@
3 725 Jahs, Gabbie	19	OTJZ	25.69m@

Girls 12-13 Javelin Throw 500g

NSSU: 34.24m#

National: 21.90m@ 2015

Name	Age	Team	Finals
1 366 Pienaar, Jene	13	KSSR	23.97m@
2 482 Green, Welmie Cc	13	OMA	23.55m@
3 93 Visser - English, 3	13	ERO	23.22m@

Girls 14-15 Javelin Throw 500g

NSSU: 39.79m# 2010 Sune Witman

National: 27.00m@ 2015

Name	Age	Team	Finals
1 669 Nell, Diandra	15	OSHI	37.00m@
2 109 Dreyer, Danel	15	HAR	33.20m@
3 38 Els, Wilme	15	ERO	32.24m@

Girls 16-17 Javelin Throw 500g

NSSU: 47.00m# 2012 S Witmann

National: 29.00m@ 2015

Name	Age	Team	Finals
1 690 Van Tonder, Lum	17	OSHI	37.69m@
2 287 Gous, Arina	17	KSSR	35.94m@
3 12 Kahenge, Helena	17	KAR	31.15m@

Girls 18-19 Javelin Throw 600g

NSSU: 50.00m#

National: 26.02m@ 2013

Name	Age	Team	Finals
1 706 Burger, Shani	19	OTJZ	35.26m@
2 13 Kahenge, Magdaler	19	KAR	32.63m@
3 404 Brand, Estie	18	KUN	30.25m@

Boys 12-13 100 Meter Dash

NSSU: 11.80#

National: 12.60@ 2015

Name	Age	Team	Finals
1 73 Rossouw, Louw	13	ERO	11.94@
2 712 Erasmus, Ryk	13	OTJZ	11.95@
3 149 Sawyer, Tristan	13	HAR	12.19@

Boys 14-15 100 Meter Dash

NSSU: 11.10# 2016 Ivan Geldenhuys

National: 11.80@ 2015

Name	Age	Team	Finals
1 37 Du Plessis, Sherma	15	ERO	11.36@
2 723 Human, J	15	OTJZ	11.42@
3 44 Gonteb, Keanu	15	ERO	11.50@

Boys 16-17 100 Meter Dash

NSSU: 10.56# 2012 Ismael Tjiramba

National: 11.00@ 2015

Name	Age	Team	Finals
1 121 Human, Theron	17	HAR	10.81@

2 27 Andries, Arnoldo	17	ERO	10.99@
3 758 Oosthuizen, Jaco	17	OTJZ	11.06

Boys 18-19 100 Meter Dash

NSSU: 10.18# 2012 Gilbert Haimata

National: 11.40@ 2013

Name	Age	Team	Finals
1 709 Diergaardt, S	19	OTJZ	10.82@
2 259 Coetzee, Ryan	19	KSSR	11.04@
3 80 So-Oabeb, 4	19	ERO	11.12@

Boys 12-13 200 Meter Dash

NSSU: 24.75# 2017 Jurenzo Julius

National: 25.30@ 2015

Name	Age	Team	Finals
1 51 Julius, Jurenzo	13	ERO	25.07@
2 628 Elia, Markus	13	OSHI	25.33
3 73 Rossouw, Louw	13	ERO	25.55

Boys 14-15 200 Meter Dash

NSSU: 22.76# 2011 Immanuel Ndifon

National: 24.00@ 2015

Name	Age	Team	Finals
1 16 Keith, Wildick	15	KAR	23.11@
2 37 Du Plessis, Sherma	15	ERO	23.18@
3 723 Human, J	15	OTJZ	23.19@

Boys 16-17 200 Meter Dash

NSSU: 21.44#

National: 23.00@ 2015

Name	Age	Team	Finals
1 284 Geldenhuys, Ivan	17	KSSR	21.78@
2 121 Human, Theron	17	HAR	21.80@
3 27 Andries, Arnoldo	17	ERO	22.38@

Boys 18-19 200 Meter Dash

NSSU: 20.67#

National: 24.80@ 2013

Name	Age	Team	Finals
1 709 Diergaardt, S	19	OTJZ	22.04@
2 350 Mouton, Gerswin	19	KSSR	22.20@
3 714 Goreseb, Warren	19	OTJZ	22.35@

Boys 14-15 400 Meter Dash

NSSU: 51.23# 2017 Wildick Keith

National: 54.80@ 2015

Name	Age	Team	Finals
1 16 Keith, Wildick	15	KAR	51.70@
2 37 Du Plessis, Sherma	15	ERO	52.08@
3 85 Turner, Diego	15	ERO	52.50@

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3 533 Johannes, Rauli 13 OMU 4:49.31@

Boys 16-17 400 Meter Dash

NSSU: 47.60#

National: 52.20@ 2015

Name	Age	Team	Finals
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Finals

1	284 Geldenhuys, Ivan	17	KSSR	49.23@
2	738 Kuhanga, T	17	OTJZ	50.47@
3	27 Andries, Arnoldo	17	ERO	51.05@

Boys 18-19 400 Meter Dash

NSSU: 46.92# 1979 Daniel Haitembo

National: 50.80@ 2013

Name	Age	Team	Finals
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Finals

1	103 Bock, Dawid	19	HAR	49.03@
2	290 Hamutenya, Jacks	18	KSSR	50.31@
3	594 Nakanyala, Hermi	19	OSH	51.43

Boys 12-13 800 Meter Run

NSSU: 2:09.20#

National: 2:26.40@ 2015

Name	Age	Team	Finals
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1	545 Ndiwenda, Jeremi	13	OMU	2:17.46@
2	688 Uukonga, Fillemo	13	OSHI	2:18.07@
3	302 Ipinge, Moses	13	KSSR	2:18.47@

Boys 14-15 800 Meter Run

NSSU: 2:03.22#

National: 2:12.40@ 2015

Name	Age	Team	Finals
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1	728 Kaeka, M	15	OTJZ	2:07.13@
2	500 Mbaisa, Lazarus F	15	OMA	2:08.91@
3	623 Amuphadi, Martin	15	OSHI	2:10.00@

Boys 16-17 800 Meter Run

NSSU: 1:50.70#

National: 2:06.04@ 2015

Name	Age	Team	Finals
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1	738 Kuhanga, T	17	OTJZ	2:01.70@
2	541 Nambinga, Bethel	17	OMU	2:03.40@
3	791 Mafwila, Mafwila	17	ZAM	2:03.99@

Boys 18-19 800 Meter Run

NSSU: 1:52.60#

National: 2:03.40@ 2013

Name	Age	Team	Finals
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1	160 Van Kradenburg, 19	HAR	1:55.47@	
2	137 Magotsi, Verenic	19	HAR	1:56.59@
3	649 Leevi, Stefanus	19	OSHI	1:59.19@

Boys 12-13 1500 Meter Run

NSSU: 4:29.17#

National: 5:10.20@ 2015

Name	Age	Team	Finals
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1	196 Hausiku, Paulus	13	KW	4:46.28@
2	632 Eshiko, Paavo	13	OSHI	4:48.52@

Boys 14-15 1500 Meter Run

NSSU: 4:16.04# 2010 Faustinus Mbamba

National: 4:40.20@ 2015

Name	Age	Team	Finals
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1	411 Gowaseb, Quinter	14	KUN	4:57.61
2	68 Nolte, Philip	15	ERO	5:01.47
3	596 Nangwali, Fillemo	15	OSH	5:08.42

Boys 16-17 1500 Meter Run

NSSU: 4:04.80#

National: 4:34.80@ 2015

Name	Age	Team	Finals
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1	218 Namwira, Clemen	16	KW	4:21.73@
2	324 Katvima, Herman	17	KSSR	4:22.49@
3	81 Swartbooi, Absalor	17	ERO	4:23.98@

Boys 18-19 1500 Meter Run

NSSU: 3:53.05#

National: 4:20.60@ 2013

Name	Age	Team	Finals
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1	462 Paulus, Simon	19	OHAN	4:12.29@
2	473 Blaauw, Theron	19	OMA	4:13.07@
3	219 Ndafoluma, Gidex	18	KW	4:13.22@

Boys 14-15 3000 Meter Run

NSSU: 9:30.62# 2010 Faustinus Mbamba

National: 10:08.40@ 2015

Name	Age	Team	Finals
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1	540 Nakapata, Sem	15	OMU	9:47.90@
2	692 Wilbard, Sem	15	OSHI	9:59.99@
3	208 Katura, Damian	15	KW	10:02.70@

Boys 16-17 3000 Meter Run

NSSU: 8:41.73#

National: 10:08.40@ 2015

Name	Age	Team	Finals
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1	320 Karigub, Selwanu	17	KSSR	9:20.32@
2	584 Junias, Onesmus	17	OSH	9:27.22@
3	54 Khame, Isak	17	ERO	9:29.88@

Boys 18-19 5000 Meter Run

NSSU: 15:01.90#

National: 16:23.40@ 2013

Name	Age	Team	Finals
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1	462 Paulus, Simon	19	OHAN	16:03.39@
2	796 Mwilima, Liwikal	18	ZAM	16:04.14@
3	636 Haishonga, Silas	19	OSHI	16:05.46@

Boys 12-13 80 Meter Hurdles

NSSU: 11.30#

National: 14.00@ 2015

Name	Age	Team	Finals
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1	271 DU Plooy, Ivan	13	KSSR	12.84@
2	333 Leicher, Dyllan	13	KSSR	12.95@
3	110 Dreyer, Freddie	13	HAR	13.12@

Boys 14-15 100 Meter Hurdles

NSSU: 14.77# 2017 Jonathan Hanekom

Name	Age	Team	Finals
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1	118 Hanekom, Jonath	15	HAR	14.77#
2	292 Hawanga, Owen	15	KSSR	14.79
3	334 Losper, Delvin	15	KSSR	15.29

Boys 16-17 110 Meter Hurdles

NSSU: 14.05# 2013 Divan Rossouw

National: 15.00@ 2015

Name	Age	Team	Finals
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1	758 Oosthuizen, Jaco	17	OTJZ	14.47@
2	114 Esterhuizen, Corn	17	HAR	14.71@
3	268 Dresselhauss, Gia	17	KSSR	14.98@

Boys 18-19 110 Meter Hurdles

NSSU: 13.87# 2012 FC Picters

National: 15.60@ 2013

Name	Age	Team	Finals
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1	269 Dresselhauss, Tirr	19	KSSR	14.44@
2	330 Lambrechts, Rube	18	KSSR	14.92@
3	97 April, Zuriel	19	HAR	15.20@

Boys 12-13 200 Meter Hurdles

NSSU: 29.90# 2013 Jiaan Benkes

National: 36.80@ 2015

LaneName	Age	Team	Finals
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1	271 DU Plooy, Ivan	13	KSSR	30.10@
2	149 Sawyer, Tristan	13	HAR	30.70@
3	285 Geraldo, Maasdor	13	KSSR	31.32@

Boys 14-15 300 Meter Hurdles

NSSU: 42.72# 2017 M Kaeka

Name	Age	Team	Finals
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1	728 Kaeka, M	15	OTJZ	42.72#
2	153 Simon, Ernest	15	HAR	44.02
3	338 Louw, Leander	15	KSSR	44.39

Boys 16-17 400 Meter Hurdles

NSSU: 54.34# 2013 Divan Rossouw

National: 61.40@ 2015

Name	Age	Team	Finals
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1	268 Dresselhauss, Gia	17	KSSR	56.69@
2	758 Oosthuizen, Jaco	17	OTJZ	57.04@
3	108 Diergaardt, Hilton	17	HAR	59.01@
3	387 Theunissen, Mell	17	KSSR	59.01@

Boys 18-19 400 Meter Hurdles

NSSU: 51.83#

National: 61.80@ 2013

Name	Age	Team	Finals
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1	330 Lambrechts, Rube	18	KSSR	56.23@
2	770 Siebert, H	19	OTJZ	57.73@
3	97 April, Zuriel	19	HAR	57.75@

Coca - Cola National Athletics Championship - 4/27/2017 to 4/28/2017

Track & Field

Independence Stadium Windhoek

Results

Boys 12-13 High Jump

NSSU: 1.61m#

National: 1.45m@ 2015

Name	Age	Team	Finals
1 65 Narib, Junior	13	ERO	1.60m@
2 628 Elia, Markus	13	OSHI	1.60m@
3 52 Kanyangela, Johan	13	ERO	1.60m@

Boys 14-15 High Jump

NSSU: 1.70m# 2017 David Afrikaner

Name	Age	Team	Finals
1 1 Afrikaner, David	15	KAR	1.70m#
2 423 Ortner, Vizinzo Jc	15	KUN	1.70m#
3 148 Retief, Andre	15	HAR	1.65m
3 43 Gilmore, Rene	15	ERO	1.65m

Boys 16-17 High Jump

NSSU: 2.00m#

National: 1.70m@ 2015

Name	Age	Team	Finals
1 693 Xwanda, Marthin	17	OSHI	1.90m@
2 766 Samantu, A	17	OTJZ	1.90m@
3 622 Amunyele, Godlie	17	OSHI	1.80m@

Boys 18-19 High Jump

NSSU: 2.15m#

National: 1.75m@ 2013

Name	Age	Team	Finals
1 28 Auchab, Andren	19	ERO	1.95m@
1 107 Dax, George	19	HAR	1.95m@
3 269 Dresselhauss, Tiri	19	KSSR	1.85m@

Boys 12-13 Long Jump

NSSU: 5.85m# 2017 Jurenzo Julius

National: 4.95m@ 2015

Name	Age	Team	Finals
1 51 Julius, Jurenzo	13	ERO	5.85m#
2 142 Muller, Danto	13	HAR	5.14m@
3 399 Von Alvensleben,	13	KSSR	5.13m@

Boys 14-15 Long Jump

NSSU: 6.72m# 2016 Ivan Geldenhuys

National: 5.88m@ 2015

Name	Age	Team	Finals
1 250 Breytenbach, Lee	15	KSSR	6.30m@
2 115 Gaoguseb, Valent	15	HAR	6.20m@
3 801 Slabbert, Bernard	15	UNA	6.18m@

Boys 16-17 Long Jump

NSSU: 6.95m#

National: 6.00m@ 2015

Name	Age	Team	Finals
1 766 Samantu, A	17	OTJZ	6.77m@
2 284 Geldenhuys, Ivan	17	KSSR	6.60m@
3 63 Mukwillo, Asto	17	ERO	6.54m@

Boys 18-19 Long Jump

NSSU: 7.45m# 2013 Adiel Van Wyk

National: 6.20m@ 2013

Name	Age	Team	Finals
1 709 Diergaardt, S	19	OTJZ	7.20m@
2 653 Mavula, Micheal	19	OSHI	6.55m@
3 504 Naobeb, Eric Elm	18	OMA	6.50m@

Boys 16-17 Triple Jump 11m

NSSU: 13.82m# 2017 Gian Dresselhauss

National: 12.00m@ 2015

Name	Age	Team	Finals
1 268 Dresselhauss, Gia	17	KSSR	13.82m#
2 96 Andreas, Don	17	HAR	13.45m@
3 273 Du Toit, Etienne	17	UNA	12.82m@

Boys 18-19 Triple Jump 11m

NSSU: 13.51m# 2017 Timo Dresselhauss

National: 12.60m@ 2013

Name	Age	Team	Finals
1 269 Dresselhauss, Tiri	19	KSSR	13.51m#
2 779 Tjinto, T	19	OTJZ	13.15m@
3 131 Kisting, Ginalso	19	HAR	12.99m@

Boys 12-13 Shot Put 4kg

NSSU: 12.50m#

National: 8.90m@ 2015

Name	Age	Team	Finals
1 472 Barnard, Christi	13	OMA	11.55m@
2 712 Erasmus, Ryk	13	OTJZ	11.52m@
3 172 Witbooi, Jehmal	13	HAR	9.90m@

Boys 14-15 Shot Put 4kg

NSSU: 15.80m# 2017 Cornelius Kuhn

National: 12.00m@ 2015

Name	Age	Team	Finals
1 418 Kuhn, Cornelius	15	KUN	15.80m#
2 762 Potgieter, Jan Her	15	OTJZ	13.95m@
3 250 Breytenbach, Lee	15	KSSR	13.93m@

Boys 16-17 Shot Put 5kg

NSSU: 16.69m# 2013 Wilhelm

National: 12.60m@ 2015

Name	Age	Team	Finals
1 514 Williams, Ryan	17	OMA	16.39m@
2 400 Wessels, Berhardt	17	KSSR	14.62m@
3 76 Seibeb, Clark	17	ERO	14.30m@

Boys 18-19 Shot Put 6kg

NSSU: 16.06m# 2014 Wilhelm Rademeyer

National: 11.66m@ 2013

Name	Age	Team	Finals
1 300 Human, Jurgen-La	19	KSSR	15.20m@
2 308 Jacobs, Nico	19	KSSR	12.02m@
3 166 Visagie, Francois	19	HAR	11.02m

Boys 12-13 Discus Throw 1kg

NSSU: 33.39m# 2013 Williams Ryan

National: 25.40m@ 2015

Name	Age	Team	Finals
1 161 Van Wyk, Theuni	13	HAR	32.80m@
2 731 Kapama, Otja	13	OTJZ	32.23m@
3 712 Erasmus, Ryk	13	OTJZ	32.21m@

Boys 14-15 Discus Throw 1kg

NSSU: 52.72m# 2017 Leeorr-ell

National: 35.95m@ 2015

Name	Age	Team	Finals
1 250 Breytenbach, Lee	15	KSSR	52.72m#
2 719 Huber, Ludwig	15	OTJZ	52.29m@
3 762 Potgieter, Jan Her	15	OTJZ	42.52m@

Boys 16-17 Discus Throw 1.5kg

NSSU: 49.90m# 2017 Ryan Williams

National: 33.75m@ 2015

Name	Age	Team	Finals
1 514 Williams, Ryan	17	OMA	49.90m#
2 420 Labuschagne, Jac	17	KUN	43.58m@
3 400 Wessels, Berhardt	17	KSSR	37.67m@

Boys 18-19 Discus Throw 1.75kg

NSSU: 49.02m#

National: 31.50m@ 2013

Name	Age	Team	Finals
1 50 Julie, Hayden	19	ERO	40.56m@
2 300 Human, Jurgen-La	19	KSSR	38.52m@
3 785 Viviers, D	19	OTJZ	33.23m@

Boys 12-13 Javelin Throw 600g

NSSU: 40.66m# 2017 Dirk Theunissen

National: 27.92m@ 2015

Name	Age	Team	Finals
1 386 Theunissen, Dirk	13	KSSR	40.66m#
2 405 Brand, Jacobus A	13	KUN	32.96m@
3 264 Delport, Christia	13	KSSR	32.86m@

Boys 14-15 Javelin Throw 600g

NSSU: 63.74m# 2014 Nico Horn

National: 39.89m@ 2015

Name	Age	Team	Finals
1 719 Huber, Ludwig	15	OTJZ	53.95m@
2 67 Neethling, Dian	15	ERO	48.15m@
3 480 Ganeb, Vincenzo	15	OMA	45.17m@

Boys 16-17 Javelin Throw 700g

NSSU: 67.50m# 2016 Nico Horn

National: 47.46m@ 2015

Name	Age	Team	Finals
1 788 Smith, Johannes /	17	RSA	62.81m@
2 403 Anthonissen, Jaco	17	KUN	60.65m@
3 400 Wessels, Berhardt	17	KSSR	59.77m@

Boys 18-19 Javelin Throw 800g
NSSU: 69.58m# 2010 S. Van der watt
National: 46.43m@ 2013

Name	Age	Team	Finals
1 299 Horn, Nico	19	KSSR	55.15m@
2 307 Jacobie, Karl	18	KSSR	51.11m@
3 677 Potgieter, Siegfrie	19	OSHI	50.90m@